



# Coaches Code of Conduct



ENGLAND  
HOCKEY

Policy no AFHC CP4v5

## CODE OF CONDUCT FOR ALDERSHOT AND FARNHAM HOCKEY COACHES

### Section A: Principles of the Code of Ethics and Conduct

Aldershot and Farnham expects all coaches to conform to ethical standards in a number of areas.

These areas are clearly laid out in this document and it is imperative that all coaches have read and understood this code before working with any group of young people.

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Aldershot and Farnham Hockey Club has a duty to its members to provide guidelines within which hockey coaches' work. Thus ensuring that all those involved within the game are acting in the best interests of the players at all times. It is important that the expected standards of ethical behaviour in coaching practice are widely publicised and maintained. It is essential that people within the sport and members of the public who are using the services of hockey coaches are informed of the code of ethics and are protected through its application.

### Section B: Introduction

Hockey is one of the most popular sports amongst young people. It is important that all people taking part in the game are exposed to positive experiences and protected from negative ones.



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The role of the coach within the sport is a very important one. The coach is any person who is responsible for the development of an individual or group of individuals within a specific sport. As well as the sporting development the coach is also tasked with the all round development of the player, or group of players, within the sporting context.

The coach is the mentor, the confidante and the teacher; to name but a few of their roles, and therefore must demonstrate exemplary behaviour at all times. The coach also has to maintain this level of behaviour when dealing with parents, assistant coaches, managers and other personnel involved in the sport. These guidelines set out in the 'Code of Ethics and Conduct' are specific to hockey and should be used in conjunction with other sporting publications such as Sport Coach UK's 'Code of Ethic and Conduct for Sport Coaches', 'Working with Children', 'The Coach in Action' and 'Protecting Children'. Coaches are strongly advised to read and apply Aldershot and Farnham Hockey Club's Safeguarding and Protection Policy which are based on England Hockey's Safe D Safeguarding and Protecting Young People Policy.

Coaches who accept and work to the guidelines within this document are accepting their responsibility to the players they coach and their families, to other colleagues within the sport, to their employer (where appropriate) as a coach and to Aldershot and Farnham Hockey Club and England Hockey.

Procedures are in place to deal with any situation, which could arise, where a coach's application of the 'Code of Ethics and Conduct' may be called into question. Should such a situation occur the matter would be dealt with in an objective and confidential manner.

The following sections set out the overriding principles that coaches are expected to adhere to, to ensure that taking part in the sport of hockey is a positive and worthwhile experience for all.

## **Section C: Personal Standards**

Personal appearance is of great importance when coaching, and although individual taste will affect differences in appearance, the coach has a responsibility to look clean and project an image of functional efficiency at all times.

- Coaches should never smoke while coaching.
- Coaches should no chew gum whilst coaching.



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- Coaches should never coach under the influence of alcohol under any circumstances.
- Coaches should use positive language during coaching sessions.

It is recommended that coaches should:

- Consistently project a favourable image of the sport and of coaching to the players they are working with, their parents / families / guardians, officials, spectators and the general public.
- Encourage performers to work within Discipline Guidelines contained in the association's constitution.
- Ensure that the level of activity carried out by the performers is suitable for their age, strength, maturity and the ability of each individual performer.
- Encourage appropriate behaviour by the performers during both training and competition.
- Encourage the performers to abide by the rules of the sport. All performers should be encouraged to uphold the spirit of the sport.
- Make a positive effort to educate the performers as to the improper use of substances that are on the sport's banned drugs and substances list.
- Help the performers to deal with victory and defeat in a sportsmanlike manner, and encourage them at all times to treat opponents with due respect.

## Section D: Relationships

- Coaches have a responsibility to set and uphold the boundaries between a working relationship and friendship between themselves and the performers. This is especially important when the performer is a young person.
- It is recommended that coaches should be concerned at all times with the safety and well being of the performers. There should be a sensible balance between performance and the emotional, physical, social and developmental needs of the performers.
- If any part of the coaching process requires physical contact between coach and performers, it is recommended that coaches ensure that no action on their part could be seen as inappropriate. It is essential that all coaches are aware and adhere to the association's guidelines with regard to such situations.
- As the relationship between coach and performer is based heavily on trust it is important that all coaches can offer proof of experience and qualification.



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- Coaches will undoubtedly build up strong relationships with performers, and in some cases will travel and reside with them during the course of competition. At no time is a coach to use this privilege to place undue pressure or exert influence over performers to gain personal benefit for themselves or their club.
- Coaches will, in the course of a working relationship, gather much information about performers. It is important that an appropriate degree of confidentiality is maintained and that personal information is not divulged without the permission of the performer. At times coaches will be asked to provide relevant information concerning a player's performance and development and an agreement must be made between the coach and the performer with regard to the passing on of such information.

## Section E: Safety

- Coaches have a responsibility to make sure that performers have a safe environment to work and play within.
- If an accident occurs it is recommended that coaches follow the steps laid out in the AFHC Accident and Incident Policy and Procedures
- Coaches have a responsibility to protect young people from any form of abuse during training sessions, competition and whilst in their care.
- It is recommended that coaches carry out their work in keeping with the regular and approved practice adopted and laid out by the association.
- It is strongly recommended that coaches arrange adequate insurance to cover their coaching practice.
- It is recommended that any activities carried out by coaches should be suitable for the age, maturity, strength and ability of the performer.
- It is strongly recommended that coaches do not attempt to coach techniques or skills that have not been covered in their specific level of coach award qualification. An attempt to do so will invalidate their insurance cover.

## Section F: Expectations

- Coaches should explain the level of commitment expected from participants / performers at the start of each season. Details should include number and length of sessions, and attendance at matches or competition.
- It is recommended that coaches declare any other coaching commitments they already have before undertaking new coaching roles with other clubs or organisations.



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- Coaches who start to experience conflict between obligation to their performers and to other parties (i.e. NGB) must make all parties aware of the conflict in an attempt to solve it.
- It is recommended that where coaches receive payment for their work / time that the fee they command is in line with the suggested scale set out by England Hockey.
- It is up to each individual to ensure that any monies earned during coaching should be declared to the Inland Revenue in line with current taxation laws.

## Section G: Equality

- It is recommended that coaches respect the rights of every human being they work with, and treat all as equals within the context of their activity and ability. This must be regardless of age, ethnic origin, gender, religion, sexual orientation, cultural background, political affiliation or any other protective characteristics.
- Coaches should try and ensure that any activity under their supervision is free from any form of non-equitable behaviour.

## Section H: Competency and EH Coach License

- Competency to coach should be verified through the proof of qualification and should not be inferred from evidence of prior experience.
- It is recommended that coaches confine themselves to carrying out sessions in accordance with the experience gained whilst obtaining their highest qualification.
- It is recommended that coaches are able to recognise when to pass performers on to other clubs or agencies. It is important that coaches have the performers' best interests at heart at all times. It is also the responsibility of coaches to verify, as far as possible, the integrity of any club or agency, which they are referring the performers to.
- It is important that coaches take responsibility for their own continuous professional development, making the most of opportunities offered to them through the association or other education agencies.
- It is important for coaches to be objective about their coaching ability. If at any time they feel concerned about their ability to coach at a certain level, or about their effectiveness in a certain situation it is up to them to find help or withdraw if necessary.

## Section I: Complaints Procedure



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Anyone wishing to make a complaint about any person acting in the capacity of hockey coach within the context of these guidelines must follow the set procedure.

1. Report the matter to England Hockey.
2. Report the matter to the employer of the coach.
3. If the complaint involves a minor a report should also be made to the Police and Social Service.
4. On receipt of a complaint procedural guidelines will be issued to all parties.

For further information or for any queries concerning the 'Code of Ethics and Conduct for Hockey Coaches' please contact England Hockey Coaching Department, Bisham Abbey National Sports Centre, Marlow, SL7 1RR.

Terms of Reference within the Document

**EH** – England Hockey, professional employees and paid members

**Professional** – This does not necessarily imply a paid position or person, but refers to the coach in role.

**Employer** – This refers to the organisation who commissioned the coach to do the coaching, this could be paid or unpaid.