



Club Changing and Showering Policy

Aldershot and Farnham HC



Policy No AFHC CP9v5

Aldershot and Farnham Hockey Club has adopted the following changing and showering policies.

Senior Matches

For players under the age of 18 playing in adult teams, the following policy applies.

- Young players uncomfortable with changing or showering with adults are under no obligation to do so and are advised to change and shower at home.
- Parental consent must be given if a Young Player is to share changing facilities with adults. All parent's with children under 18 must complete the relevant section on Changing on U18's Membership form. This provides the option of sharing changing facilities with the senior side or from opting out. Opting out recognises that some young people are uncomfortable changing or showering in public.

Junior Matches

The club does not provide showering facilities for age group 6 –17 Junior matches. These age groups will be encouraged to shower or bath at home. Young players under 10 must be supervised at all times in changing rooms by a parent and one member of the hockey and Club Staff^[1] of the same gender as the young players.

Adults working with Junior teams must not change or shower at the same time, using the same facility, as young players aged under 18.

Mixed gender teams must have access to separate male and female changing rooms.

NOTES

^[1] Hockey and Club Staff and Volunteers means coaches, mini's team managers, senior players, umpires, other officials and employees of the AFHC.

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