



Head Injury Policy

Aldershot and Farnham HC



ENGLAND
HOCKEY

Policy no AFHC HI2021

Aldershot & Farnham Head Injury Policy

It is our policy that any player who suffers an injury that results in an impact to the head (from a ball, stick or player) during either a game or training must not continue to play. They must leave the pitch and are not allowed to return.

Senior Teams – The Captain/Coach must ensure that the injured senior player has informed a partner, friend or family member of their injury before leaving to go home. They must ensure someone is at home with them overnight, especially where concussion is suspected.

Junior Section – The Lead Coach must inform the parents or guardians of junior players immediately at the match or training session and the junior player **must cease to play**.

It is the responsibility of the senior player or junior player's parents or guardians to decide whether to seek additional medical help other than that provided at the side of the pitch.

Concussion Guidelines

AFHC adheres to England Hockey guidance in relation to concussion and returning to training and playing post injury.

Post Injury Follow Up

Senior Teams – It is the Captain's responsibility to follow up with the injured player. They must understand the extent of the player's injury and remain in contact until the player is able to return to playing. If the Captain has any concerns these should be raised with the Ladies or Men's Club Captain.

Junior Section – It is the Lead Age Group Coach's responsibility to follow up and remain in contact with the players parents or guardians after the event until such

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time the player is able to return to playing. If the Lead Coach has any concerns these should be raised with the Club's Welfare Officer and the Junior Chair.